yupick
menu

YOUR HEALTHY PLACE

SWEETS

Dulce de Leche Alfajor	3,90€
Yogurt Pound Cake	4,90€
Carrot Cake	4,90€
Banana Bread	4,90€
Chocolate Pound Cake	4,90€
Brownie	4,90€
Red Velvet Cookie	3,90€
Choco Chip Cookie	3,90€
Double Chocolate Cookie	3,90€
Croissant	3,00€
Matcha Donut	3,90€
Chocolate Donut	3,90€
Pistachio Butter-Filled Date	3,50€
Cheesecake	5,90€
Chocolate Cake	5,90€
Lemon Pie	5,90€
Chocolate Truffle	3,00€

yupick®

GLUTEN FREE · SUGAR FREE · LACTOSE FREE · VEGAN · KETO

COFFEE & DRINKS

COFFEE & TEA

Espresso	2,50€
Double Espresso	2,90€
Macchiato	2,70€
Americano	2,90€
Cappuccino	3,20€ / 3,90€
Latte	3,20€ / 3,90€
Iced Latte	4,00€
Flat White	3,50€
Cold Brew	4,50€
Chai Latte	4,90€
Matcha Latte	4,90€
Iced Matcha Latte	5,00€
Hot Chocolate	3,90€
Golden Milk	4,90€
Tea	2,90€
Affogato	5,90€
Matcha Affogato	7,90€

DRINKS

Still Water	2,50€
Sparkling Water	3,00€
Cucumber & Mint Lemonade	2,80€
Strawberry & Ginger Lemonade	2,80€
Coca-Cola Zero	3,50€
Coconut Water	5,50 €
Iced Tea	4,90€
Yerba Mate Iced Tea	4,90€
Tinto de Verano	5,00€

WINE

Red	3,80€ / 20,90€
(Rioja, Ribera)	
White	3,80€ / 20,90€
(Verdejo, Godello, Albariño)	
Rosé	3,50€ / 18,90€

BEER

Mahou 5 estrellas	3,90€
Mahou 0,0 tostada	3,90€
Alhambra	3,90€

HEALTHY BAR

JUICES

Orange Juice 4,50€

Glow Up Juice 5,90€
ORANGE, CARROT, APPLE, LEMON AND CAYENNE.

Green Detox 5,90€
CUCUMBER, CELERY, GREEN APPLE, GINGER, LEMON, SPIRULINA.

Hydra Juice 5,90€
WATERMELON, STRAWBERRY, LEMON, APPLE, SEA SALT.

Piña Colada 6,90€
COCONUT MILK, PINEAPPLE, BANANA.

WELLNESS SHOTS

Ginger Tumeric - IMMUNE AND DIGESTIVE SUPPORT. 3,90€
Ginger Beetroot - ENERGY AND DETOX.
Ginger Collagen - RECOVERY AND REJUVENATION.
Ginger Manuka- IMMUNITY AND RESPIRATORY HEALTH.

PROTEIN SMOOTHIE BAR

Red Boost → *Energy & Vitality* 8,90€
PROTEIN (27G), ALMOND MILK, RED BERRIES, PINK PITAYA.

Blue Focus → *Clarity & Antioxidants*
PROTEIN (27G), ALMOND MILK, BANANA, PINEAPPLE, BLUE SPIRULINA.

Green Balance → *Detox & Freshness*
PROTEIN (27G), ALMOND MILK, BANANA, MATCHA, GREEN SPIRULINA.

Golden Glow → *Anti-inflammatory & Glow*
PROTEIN (27G), ALMOND MILK, MANGO, TURMERIC.

Cacao Power → *Strength & Energy*
PROTEIN (27G), ALMOND MILK, BANANA, CACAO, DATE.

HEALTHY PUDDING LAB

Apple Bliss 6,90€
OATS, ALMOND MILK, APPLE WITH CINNAMON, MAPLE SYRUP.

Berry Fuel
GLUTEN-FREE OATS, ALMOND MILK, HOMEMADE BERRY COMPOTE, GREEK YOGURT, PROTEIN.

Blue Fuel NEW
GREEK YOGURT WITH PROTEIN AND BLUE SPIRULINA, CHIA WITH COCONUT MILK, BERRY COMPOTE.

Tropical Chia
CHIA, COCONUT MILK, HOMEMADE PINEAPPLE COMPOTE, SHREDDED COCONUT, MAPLE SYRUP.

Berry Matcha
CHIA, COCONUT MILK, MATCHA, BERRY COMPOTE, SHREDDED COCONUT.

ALL DAY

EGGS & TOASTS

Spanish Tortilla — 4,90€
EGG, POTATO, ZUCCHINI, ONION, SOURDOUGH BREAD.

Tomato & EVOO Toast — 4,20€
SOURDOUGH BREAD, TOMATO, EXTRA VIRGIN OLIVE OIL.

Omelette — 10,90€
EGG, TURKEY, FETA, AVOCADO, SOURDOUGH BREAD.

Salmon Benedict Croissant — 13,90€
CROISSANT, HOUSE-SMOKED SALMON, EGG, AVOCADO, HOLLANDAISE SAUCE.

Avocado & Egg Toast — 9,90€
SOURDOUGH BREAD, AVOCADO, FRIED EGG, FETA CHEESE, SESAME SEEDS.

Salmon Toast — 12,90€
SOURDOUGH BREAD, SMOKED SALMON, CREAM CHEESE WITH CHIVES AND CAPERS, CUCUMBER, EXTRA VIRGIN OLIVE OIL, SESAME SEEDS.

Harvest Toast NEW — 12,90€
SOURDOUGH BREAD, AVOCADO, COTTAGE CHEESE, ROASTED PORTOBELLO MUSHROOM, ARUGULA, WALNUTS AND SPICY HONEY.

SANDWICHES & WRAPS

Ham & Cheese Croissant — 4,90€
CROISSANT, TURKEY, EDAM CHEESE.

Truffle Ham & Cheese Bikini — 11,90€
BRIOCHE BREAD, TURKEY, EDAM CHEESE, TRUFFLE.

Spicy Club Sandwich — 13,90€
BRIOCHE BREAD, TURKEY, BACON, FRIED EGG, TOMATO, LETTUCE AND OUR JALAPEÑO SAUCE.

Tuna Crunch Sandwich — 13,90€
BRIOCHE BREAD, TUNA SALAD WITH OUR HOUSE MAYO, HOMEMADE PICKLES, LETTUCE AND TOMATO.

Pastrami Melt Sandwich — 13,90€
SOURDOUGH BREAD, PASTRAMI, MELTED CHEESE, ARUGULA, HOMEMADE PICKLES, HONEY MUSTARD SAUCE.

Chicken Wrap — 12,90€
GRILLED CHICKEN, HUMMUS, EGGPLANT, AVOCADO, MIXED GREENS AND HOUSE SAUCE.

BOWLS

Salmon Poke Bowl — 14,90€
WHITE RICE, SALMON MARINATED IN KIMCHI AND PONZU, WAKAME, EDAMAME, MANGO, CREAM CHEESE AND SESAME SAUCE.

Teriyaki Salmon Bowl — 16,90€
BASMATI RICE, GRILLED SALMON, EDAMAME, CUCUMBER, MANGO, AVOCADO AND TERIYAKI SAUCE.

Chicken Bowl — 16,90€
WILD RICE WITH FRESH HERB VINAIGRETTE, CHICKEN BREAST, CHICKPEAS, ARUGULA, CUCUMBER, CHERRY TOMATOES, AVOCADO AND BALSAMIC VINAIGRETTE.

Mediterranean Bowl NEW — 16,90€
HOMEMADE HUMMUS, CHICKEN BREAST, ARUGULA, ROASTED PORTOBELLO MUSHROOMS, ROASTED BABY POTATOES, FRESH POMEGRANATE, FETA CHEESE AND THAI VINAIGRETTE.

SPECIALS & ADD-ONS

SPECIALS

Chicken "Tostadas" 12,90€
BLUE CORN TORTILLAS, AVOCADO, CHICKEN TINGA, SOUR CREAM, PICKLED ONION AND LETTUCE.

"Chilaquiles Divorciados" with Chicken 15,90€
BLUE CORN TORTILLAS, GREEN SAUCE AND RED SAUCE, CHICKEN, SOUR CREAM, FETA CHEESE, BLACK BEANS, AVOCADO AND CHIVES.

Avo Bacon and Egg Waffle (Gluten Free) NEW 14,90€
MADE WITH COTTAGE CHEESE, FRIED EGG, AVOCADO, BACON AND YOUR CHOICE OF MAPLE SYRUP OR HOT SAUCE (GREEN OR RED).

Protein Waffle (Gluten Free) 12,90€
MADE WITH COTTAGE CHEESE, NATURAL BERRY COMPOTE, NUT BUTTER AND MAPLE SYRUP.

Baba Ganoush NEW 9,90€
ROASTED EGGPLANT, PORTOBELLO MUSHROOM, FRESH POMEGRANATE, MEDITERRANEAN SPICES, CILANTRO, EXTRA VIRGIN OLIVE OIL, SOURDOUGH BREAD.

Açaí Bowl 9,90€
UNSWEETENED AÇAÍ, ALMOND MILK, BANANA, NATURAL NUT BUTTER AND GRANOLA.

SOUPS

Creamy Pumpkin Soup NEW 6,90€
PUMPKIN, COCONUT MILK, CASHEWS, LEEK, PUMPKIN SEEDS AND OLIVE OIL.

Lentil Soup NEW 7,90€
LENTILS, VEGETABLE BROTH, CELERY, POTATO, CARROT, SPINACH.

Creamy Vegetable Soup NEW 8,90€
GREEN CREAM SOUP MADE WITH SPINACH, CARROT, ZUCCHINI AND LEEK.

ADD-ONS

SMOKED NORWEGIAN SALMON	4,20€
GRILLED NORWEGIAN SALMON	4,90€
CHICKEN BREAST	4,20€
TURKEY	2,60€
EGG	2,90€
AVOCADO	2,60€
CHIPOTLE	1,90€
JALAPEÑOS	1,90€
SAUCE	1,90€
DRESSING	1,90€
FETA CHEESE	2,60€
SEASONAL NATURAL COMPOTE	2,90€
GRANOLA	2,90€
SOURDOUGH BREAD	1,90€
GLUTEN-FREE BREAD	1,90€
PEANUT BUTTER	2,90€
PROTEIN	2,90€

ALLERGENS:

FISH · PEANUT · CELERY · NUTS
EGG · SOY · MUSTARD · SESAME
GLUTEN · SULFITES · MILK

***OUR ENTIRE MENU CAN BE MADE GLUTEN-FREE**

yupick®