

yupick menu





























YOUR HEALTHY PLACE

COFFEE & SWEETS

COFFEE & TEA

Espresso	2,50€
Double Espresso	2,90€
Macchiato	2,70€
Americano	2,90€
Cappuccino	3,20€ / 3,90€
Latte	3,20€ / 3,90€
Iced Latte	4,00€
Flat White	3,50€
Cold Brew	4,50€
Chai Latte	4,90€
Matcha Latte	4,90€
Iced Matcha Latte	5,00€
Hot Chocolate	3,90€
Golden Milk	4,90€
Tea	2,90€
Affogato	5,90€
Matcha Affogato	7,90€

SWEETS

Cheesecake   	5,90€
Chocolate Cake   	5,90€
Lemon Pie   	5,90€
Yogurt Pound Cake	4,90€
Carrot Cake	4,90€
Banana Bread	4,90€
Chocolate Pound Cake	4,90€
Red Velvet Cookie 	3,90€
Choco Chip Cookie  	3,90€
Double Chocolate Cookie 	3,90€
Matcha Donut  	3,90€
Chocolate Donut   	3,00€
Croissant	3,90€
Cinnamon Rol	3,50€
Pain au Chocolat	3,50€
Date filled with Pistachio Butter    	3,50€
Brownie    	4,90€
Truffle  	3,00€

SNACKS & DRINKS

DRINKS

Still Water	2,50€
Sparkling Water	3,00€
Coca-Cola Zero	3,50€
Iced Tea	3,00€
Yerba Mate Iced Tea	4,90€
Tinto de Verano	5,00€
Sangria (1L)	18,90€
Aperol Spritz	13,90€
St. Germain Spritz	13,90€












WINE

Red (Rioja, Ribera)	3,80€ / 20,90€
White (Verdejo, Godello, Albariño)	3,80€ / 20,90€
Rosé	3,50€ / 18,90€

BEER

Mahou 5 estrellas	3,90€
Mahou 0,0 tostada	3,90€
Alhambra	3,90€

SNACKS

Gilda   ANCHOVY, OLIVE, PIPARRA PEPPER, SUN-DRIED TOMATO.	3,50€
Smoked Salmon    SMOKED SALMON, CREAM CHEESE WITH CHIVES AND CAPERS, AVOCADO, DILL, SOURDOUGH BREAD.	18,90€
Vegetable Gyozas (5 pcs)    VEGETABLE GYOZAS, CHIVES, LEMON, HOUSE SAUCE.	12,90€
Lamb Gyozas (5 pcs)    LAMB GYOZAS, CHIVES, LEMON, HOUSE SAUCE.	14,90€

HEALTHY BAR

JUICES

Orange Juice	4,50€
Glow Up Juice ORANGE, CARROT, APPLE, LEMON AND CAYENNE.	5,90€
Green Detox CUCUMBER, CELERY, GREEN APPLE, GINGER, LEMON, SPIRULINA.	5,90€
Hydra Juice WATERMELON, STRAWBERRY, LEMON, APPLE, SEA SALT.	5,90€
Piña Colada COCONUT MILK, PINEAPPLE, BANANA.	6,90€

WELLNESS SHOTS

Ginger Tumeric - IMMUNE AND DIGESTIVE SUPPORT.	3,90€
Ginger Beetroot - ENERGY AND DETOX.	
Ginger Collagen - RECOVERY AND REJUVENATION.	
Ginger Manuka - IMMUNITY AND RESPIRATORY HEALTH.	

PROTEIN SMOOTHIE BAR

Red Boost → <i>Energy & Vitality</i> PROTEIN (27G), ALMOND MILK, RED BERRIES, PINK PITAYA.	8,90€
Blue Focus → <i>Clarity & Antioxidants</i> PROTEIN (27G), ALMOND MILK, BANANA, PINEAPPLE, BLUE SPIRULINA.	
Green Balance → <i>Detox & Freshness</i> PROTEIN (27G), ALMOND MILK, BANANA, MATCHA, GREEN SPIRULINA.	
Golden Glow → <i>Anti-inflammatory & Glow</i> PROTEIN (27G), ALMOND MILK, MANGO, TURMERIC.	
Cacao Power → <i>Strength & Energy</i> PROTEIN (27G), ALMOND MILK, BANANA, CACAO, DATE.	

HEALTHY PUDDING LAB

Apple Bliss OATS, ALMOND MILK, APPLE WITH CINNAMON, MAPLE SYRUP.	6,90€
Berry Fuel GLUTEN-FREE OATS, ALMOND MILK, HOMEMADE BERRY COMPOTE, GREEK YOGURT, PROTEIN.	
Tropical Chia CHIA, COCONUT MILK, HOMEMADE PINEAPPLE COMPOTE, SHREDDED COCONUT, MAPLE SYRUP.	
Tiramisu Mood CHIA, COCONUT MILK, ESPRESSO, CACAO, MASCARPONE CREAM, MAPLE SYRUP.	
Berry Matcha CHIA, COCONUT MILK, MATCHA, BERRY COMPOTE, SHREDDED COCONUT.	

ALL DAY

EGGS & TOASTS

- Spanish Tortilla** (V) (GF) 4,90€
EGG, POTATO, ZUCCHINI, ONION, SOURDOUGH BREAD.
- EVOO and Shredded Toast** (GF) 4,20€
SOURDOUGH BREAD, TOMATO, EXTRA VIRGIN OLIVE OIL.
- Omelette** (V) (GF) (D) 10,90€
EGG, TURKEY, FETA, AVOCADO, SOURDOUGH BREAD.
- Salmon Benedict Croissant** (V) (GF) (D) (S) (L) 13,90€
CROISSANT, HOUSE-SMOKED SALMON, EGG, AVOCADO, HOLLANDAISE SAUCE.
- Avocado & Egg Toast** (V) (GF) (D) (S) (L) 9,90€
SOURDOUGH BREAD, AVOCADO, EGG, FETA CHEESE, SESAME SEEDS.
- Salmon Toast** (GF) (D) (S) (L) 12,90€
SOURDOUGH BREAD, SMOKED SALMON, CREAM CHEESE WITH CHIVES AND CAPERS, CUCUMBER, EXTRA VIRGIN OLIVE OIL, SESAME SEEDS.

SANDWICHES & WRAPS

- Ham & Cheese Croissant** (GF) (D) 4,90€
CROISSANT, TURKEY, EDAM CHEESE.
- Truffle Ham & Cheese Bikini** (GF) (D) 11,90€
BRIOCHE BREAD, TURKEY, EDAM CHEESE, TRUFFLE.
- Spicy Club Sandwich** (GF) (V) (D) (S) (L) 13,90€
BRIOCHE BREAD, TURKEY, BACON, FRIED EGG, TOMATO, LETTUCE AND OUR HOUSE JALAPEÑO SAUCE.
- Tuna Crunch Sandwich** (GF) (D) (S) (L) (V) (V) 13,90€
BRIOCHE BREAD, TUNA SALAD WITH OUR HOUSE MAYONNAISE, HOMEMADE PICKLES, LETTUCE AND TOMATO.
- Pastrami Melt Sandwich** (GF) (D) (S) (L) 13,90€
SOURDOUGH BREAD, PASTRAMI, MELTED CHEESE, ARUGULA, HOMEMADE PICKLES, HONEY MUSTARD SAUCE.
- Chicken Wrap** (GF) (D) (S) (L) 12,90€
GRILLED CHICKEN, HUMMUS, EGGPLANT, AVOCADO, MIXED GREENS AND HOUSE SAUCE.

SALADS & BOWLS

- Summer Salad** (V) (GF) (D) 9,90€
MIXED GREENS, CHERRY TOMATOES, FETA CHEESE, SEEDS, WALNUTS AND BERRY HONEY VINAIGRETTE.
- Tuna Belly Salad** (GF) (D) (S) (L) (V) (V) 16,90€
TUNA BELLY, CHERRY TOMATOES, PIQUILLO PEPPERS, BALSAMIC REDUCTION AND SOURDOUGH BREAD.
- Salmon Poke Bowl** (GF) (D) (S) (L) (V) (V) 14,90€
WHITE RICE, SALMON MARINATED IN KIMCHI AND PONZU, WAKAME, EDAMAME, MANGO, CREAM CHEESE AND SESAME SAUCE.
- Teriyaki Salmon Bowl** (GF) (D) (S) (L) (V) (V) 16,90€
BASMATI RICE, GRILLED SALMON, EDAMAME, CUCUMBER, MANGO, AVOCADO AND TERIYAKI SAUCE.
- Chicken Bowl** (GF) (D) 16,90€
WILD RICE WITH FRESH HERB VINAIGRETTE, CHICKEN BREAST, CHICKPEAS, ARUGULA, CUCUMBER, CHERRY TOMATOES, AVOCADO AND BALSAMIC VINAIGRETTE.

SPECIALS & ADD-ONS

SPECIALS

- Chicken “Tostadas”**  12,90€
BLUE CORN TORTILLAS, AVOCADO, CHICKEN TINGA, SOUR CREAM, PICKLED ONION AND LETTUCE.
- “Chilaquiles Divorciados” with Chicken**  15,90€
BLUE CORN TORTILLAS, GREEN SAUCE AND RED SAUCE, CHICKEN, SOUR CREAM, FETA CHEESE, BLACK BEANS, AVOCADO AND CHIVES.
- Affogato**  5,90€
VANILLA ICE CREAM AND OUR SPECIALTY COFFEE.T
- Matcha Affogato**  7,90€
VANILLA ICE CREAM AND OUR MATCHA.
- Açaí Bowl**   9,90€
UNSWEETENED AÇAÍ, ALMOND MILK, BANANA, NATURAL NUT BUTTER AND GRANOLA.
- Protein Waffle (Gluten Free)**    12,90€
MADE WITH COTTAGE CHEESE, NATURAL BERRY COMPOTE, NUT BUTTER AND MAPLE SYRUP.

ADD-ONS

- SMOKED NORWEGIAN SALMON 4,20€
GRILLED NORWEGIAN SALMON 4,90€
CHICKEN BREAST 4,20€
TURKEY 2,60€
EGG 2,90€
AVOCADO 2,60€
CHIPOTLE 1,90€
JALAPEÑOS 1,90€
SAUCE 1,90€
DRESSING 1,90€
FETA CHEESE 2,60€
SEASONAL NATURAL COMPOTE 2,90€
GRANOLA 2,90€
SOURDOUGH BREAD 1,90€
GLUTEN-FREE BREAD 1,90€
PEANUT BUTTER 2,90€
PROTEIN 2,90€

ALLERGENS:

-  FISH  PEANUT  CELERY  NUTS
 EGG  SOY  MUSTARD  SESAME
 GLUTEN  SULFITES  MILK

*ALL OUR MENU CAN BE MADE GLUTEN-FREE

yupick®

C. de Columela, 4 • C. de Diego de León, 5