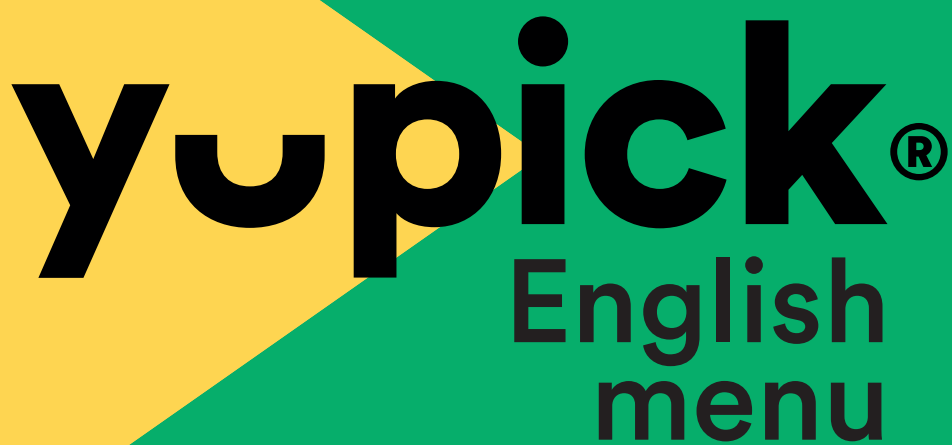


The logo features the word "yupick" in a bold, black, sans-serif font. The "y" is lowercase and has a thick stroke. The "u" is lowercase and has a thick stroke. The "p" is lowercase and has a thick stroke. The "i" is lowercase and has a thick stroke. The "c" is lowercase and has a thick stroke. The "k" is lowercase and has a thick stroke. A registered trademark symbol (®) is located to the upper right of the "k". Below the word "yupick" are the words "English" and "menu" in a smaller, black, sans-serif font, stacked vertically. The background is a solid teal color with a diagonal yellow stripe running from the bottom left towards the top right, passing behind the text.

yupick®
English
menu

ORGANIC EGGS

Spanish Pincho

ORGANIC EGG, POTATO, ZUCCHINI, ONION, TOMATO.

4,90€

Broccoli & cheese omeletteFRENCH-STYLE ORGANIC EGG OMELETTE, BROCCOLI,
MELTED CHEESE, SOURDOUGH BREAD.

9,90€

Eggs D'ligth2 ORGANIC EGGS, TURKEY, AVOCADO, CHERRY TOMATOES,
SOURDOUGH BREAD, GREEN SAUCE.

9,90€

Salmon benedict croissantCROISSANT, HOUSE-SMOKED SALMON, ORGANIC EGG,
AVOCADO, HOLLANDAISE SAUCE.

10,90€

SPECIALS

Gazpacho

TOMATO,

4,90€

“Chilaquiles divorciados” with chickenBAKED TORTILLAS, SHREDDED ORGANIC CHICKEN,
AVOCADO, SOUR CREAM, GREEN SAUCE, TOMATO SAUCE.

12,90€

Chicken Zucchini “cannelloni”ZUCCHINI STUFFED WITH CHICKEN “TINGA”, AVOCADO,
TOMATO SAUCE, FETA CHEESE SAUCE.

12,90€

Chicken “tostadas”BAKED TORTILLA, BEANS, CHICKEN “TINGA”,
AVOCADO, SOUR CREAM.

12,50€

Gluten-Free pesto pasta

GLUTEN-FREE PENNE, HOME-MADE PESTO, PARMESAN CHEESE.

11,90€

TOASTS

Avocado & egg 9,90€

SOURDOUGH BREAD, AVOCADO, ORGANIC EGG, FETA CHEESE, SESAME SEEDS.

Caprese 13,90€

SOURDOUGH BREAD, HOME-MADE PESTO, SEASONAL TOMATO, MOZZARELLA DI BUFALA.

Salmon 13,90€

SOURDOUGH BREAD, HOUSE-SMOKED SALMON, CREAM CHEESE WITH CHIVES AND CAPERS, CUCUMBER, EXTRA VIRGIN OLIVE OIL, SESAME SEEDS.

Peanut butter & jelly 9,90€

SOURDOUGH BREAD, SUGAR-FREE PEANUT BUTTER, BANANA, STRAWBERRY, NATURAL BERRY JAM, HOUSE GRANOLA.

SNACKS

Chia pudding 7,90€

CHIA PUDDING, SEASONAL FRUIT JAM, HOUSE GRANOLA.

Overnight oats 7,90€

OATS, GREEK YOGURT, SEASONAL FRUIT JAM, HOUSE GRANOLA.

Açaí bowl 9,90€

UNSWEETENED AÇAÍ, ALMOND MILK, BANANA, SUGAR-FREE ALMOND BUTTER, HOUSE GRANOLA.

Gluten-free berry waffle 12,90€

BERRY JAM, SUGAR-FREE ALMOND BUTTER, HOUSE GRANOLA, MAPLE SYRUP.

Gluten-free choco-banana waffle 12,90€

BANANA, SUGAR-FREE CHOCOLATE, BERRY JAM, MAPLE SYRUP.

SALADS & BOWLS

yopick®

Summer salad 13,90€

SPINACH, ARUGULA, GOAT CHEESE, APPLE, BEETROOT,
MAPLE-TOASTED NUTS, RAISINS, POLLEN, HOME-MADE VINAIGRETTE.

Chicken caesar salad 14,90€

ROMAINE LETTUCE, BUCKWHEAT CROUTONS,
ORGANIC CHICKEN, HOME-MADE CAESAR DRESSING.

Salmon & feta salad 15,90€

MIXED GREENS, HOUSE-SMOKED SALMON, BROWN RICE,
CUCUMBER, FETA CHEESE, LEMON, EXTRA VIRGIN OLIVE OIL
VINAIGRETTE.

Teriyaki salmon bowl 16,90€

BASMATI RICE, GRILLED NORWEGIAN SALMON, EDAMAME,
CUCUMBER, MANGO, AVOCADO, TERIYAKI SAUCE.

Beef & veggie bowl 16,90€

WILD RICE, BEEF, SWEET POTATO, BROCCOLI,
ASPARAGUS, AVOCADO, CILANTRO VINAIGRETTE.

SANDWICHES & WRAPS

Tomato baguette 3,90€

SOURDOUGH BAGUETTE, TOMATO SPREAD,
EXTRA VIRGIN OLIVE OIL.

Ham & cheese croissant 4,90€

CROISSANT, TURKEY, MELTED CHEESE.

“Spanish bocadillo” 5,90€

SOURDOUGH BAGUETTE, IBERIC HAM,
HOME-MADE TOMATO SPREAD.

Hummus-Chicken wrap 11,90€

GRILLED CHICKEN, HUMMUS, TOMATO, EGGPLANT,
AVOCADO, MIXED GREENS, SECRET SAUCE.

Salmon wrap 11,90€

HOUSE-SMOKED SALMON, SPINACH, CUCUMBER, AVOCADO,
CREAM CHEESE CAPER AND CHIVE SPREAD.

EXTRAS

yopick®

SUGAR-FREE ALMOND BUTTER	2,90€
BERRY JAM	1,90€
SOURDOUGH / GLUTEN FREE BREAD	2,90€
HOUSE GRANOLA	2,90€
VEGAN VANILLA PROTEIN	
COLLAGEN	2,90€
PARMESAN CHEESE	2,90€
HOUSE-SMOKED NORWEGIAN SALMON	4,20€
GRILLED NORWEGIAN SALMON	4,90€
ORGANIC CHICKEN	4,20€
ORGANIC EGG	2,90€
AVOCADO	2,60€
CHIPOTLE / JALAPEÑOS	1,90€
DRESSING / SAUCE	1,90€



VISIT OUR WEBSITE FOR THE FULL ALLERGEN MENU
ALL OUR DISHES CAN BE ADAPTED TO GLUTEN-FREE

COFFEE & DRINKS

yopick®

Espresso	2,50€
Double espresso	2,90€
Macchiato	2,70€
Americano	2,90€
Capuccino / Latte	3,00 / 3,90€
Flat White	3,50€
Chai latte	4,50 / 4,90€
Matcha latte	4,50 / 4,90€
Hot / Iced Chocolate	3,00€
Golden Milk	4,50 / 4,90€
Tea	2,90€
Still Water	2,50€
Sparkling Water	3,00€
Organic energy	4,20€
Kombucha	4,50€
Fresh Orange Juice	4,20€
Vitamin A juice	5,20€
ORAGNGE, CARROT, APPLE, LEMON, CAYENNE.	
Detox juice	5,20€
CUCUMBER, CELERY, GREEN APPLE, GINGER, LEMON, SPIRULINA.	
Post-workout smoothie	6,90€
VEGAN VANILLA PROTEIN, COLLAGEN, ALMOND MILK, BANANA, OATS, DATE, CINNAMON.	
Red wine / White wine	3,20€
Naturepils	4,00€
GLUTEN FREE	
Mahou 5 estrellas / Alhambra	3,90€
Mahou 0,0 toasted	3,90€

BAKED GOODS & PASTRIES

yopick®

Chocolate cake	  	5,90€
Cheesecake	 	5,90€
Orange pound cake	  	4,90€
Carrot cake		4,90€
Chocolate Banana bread		4,90€
Brownie	 	5,90€
Banana Muffin	  	3,00€
Almond butter banana muffin	  	3,20€
Coconut muffin	 	2,90€
Chocolate thin cookie	  	3,00€
Almond thin cookie	  	3,00€
Chocolate Donut	  	3,20€
Matcha Donut	 	3,20€
Cinnamon roll		4,90€
Croissant		3,00€
Almond croissant		4,90€
Pistachio croissant		5,90€
Pain au chocolat	 	3,50€
Chocolate pailmier	 	3,20€
Palmier		2,50€
House granola	   	7,90€
Peanut butter cookie	   	2,50€
Chocolate peanut butter cookie	   	3,00€
Sugar-free chocolate dates (peanut butter / pistachio butter)		3,00€



GLUTEN FREE



SUGAR FREE



VEGAN



KETO



ORGANIC



LOW SUGAR

**Being healthy is your choice,
we just make it easy.**

yupick®

 **Yupickcafe**

 **Yupickcafe**

 Calle de Fuencarral 104
Calle Columela 4

yupickcafe.es